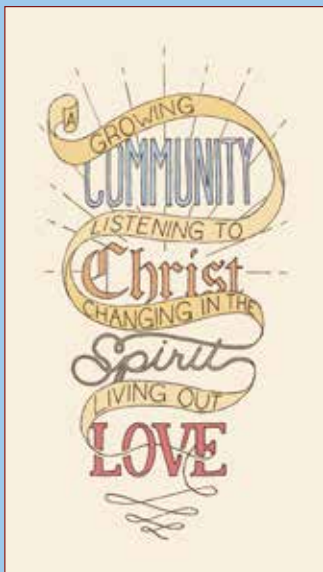


# Your NFC

a weekly newsletter for the  
people of the  
Newberg Friends Church  
community

September 30, 2016



## 🍷 Pastor Reports

**Topic: What area of ministry am I looking forward to this fall?**



by Michelle Akins

*pastor of children and families ministries*

### **Celebrating September**

Alan and I used to throw a big party each year called “September Celebration.” It marked our birthdays and anniversary as well as those of several friends and family members. A number of years ago we stopped having the annual party, but I still love celebrating the seasonal and relational shift from summer to fall. Autumn means new beginnings, structure, and reconnection with people who breathe life into my spirit. For a woman who thrives best in order, I find great happiness in letting go of summer-time chaos in favor of the routine of fall.

I’m so grateful for the many ways in which this season pulls me back full throttle into children’s programming, women’s ministry, and marriage encouragement groups. These areas of my work here at NFC all have a piece of my heart and my weekly schedule. I’m thankful for the ways in which God blends my passions for children and families and arranges my days.

Over time I’ve come to appreciate that Women’s Bible Fellowship (WBF) incorporates just about everything I love in ministry. WBF and WBFpm stretch my pastoral “muscles” in all manner of ways. This year we began the second week of September with 30 children attending childcare on Thursday mornings and more than 60 women registered for either the evening or morning session. WBF is led by a fantastic steering team who serve with open hands to the women (and children) of this community. Our fall focus is *Living Free, Learning to Pray God’s Word* by Beth Moore. We worship together through coffee and conversation, music, poetry, scripture, small and large group prayer, and speakers from within the group sharing their take on the weekly Bible study materials. We seek fellowship and devote time to listen and learn with Christ and one another. WBF and WBFpm are open September through May for all women. Let’s celebrate together!

Wednesdays 7-9  
p.m., Barclay C  
Thursdays 8:45-11  
a.m., Social Hall  
(childcare available)

[Register here!](#)



by Nolan Staples  
pastor of worship ministries

This fall I am looking forward to making music with a variety of people at NFC. Music is a great way for us to connect, and there are a number of opportunities for you to get involved and share in the joy of music with others. It takes only a few Sunday morning attendances at NFC for one to realize that the music we use in worship together varies from week to week. Our hope is for the variety of music to be representative of our diversity as the body of Christ. If you are someone who would be interested in playing or singing on Sunday mornings, I may not be aware of this interest and would love for you to get in touch with me! It might be that you want to help lead us in singing on a Sunday morning, or perhaps you're an instrumentalist who



would be comfortable sharing your gift as musical prelude to guide us into our time of corporate worship. I am interested in talking with you about the possibility of your involvement.

I'd like to highlight a few specific opportunities coming up. On November 6, I'm hoping to gather a number of singers to form a choir to lead us in song. We will plan to rehearse on Wednesdays October 26 and November 2 at 7 p.m. I also invite any youth who would like to join me to lead music on December 11. Rehearsals are still TBD, but if you (or, perhaps more likely, someone related to you) are interested, please let me know so we can plan ahead for rehearsals.

If any of these possibilities interest you or if you have ideas you'd like to share with me related to Sunday morning worship music, please feel free to [e-mail me](#). Thanks!

by Elizabeth Sherwood  
administrative pastor

Several years ago Jim and Joyce Owens suggested an idea they brought from their home church when they moved to Newberg: twice a year have all-church work days, when folks of all ages come serve the church by cleaning, repairing, landscaping, etc. Our trustees ran with the idea, and we now look forward to our fifth



all-church serve morning. From deep cleaning the kitchen to building a retaining wall to de-webbing the sanctuary—each work day has tackled significant projects. In the past, toddlers helped rake the fall leaves and seniors helped clean Sunday school classrooms. There is a place for *everyone* to plug in and participate. This year we will gather on Saturday, October 29, at 8:30 a.m. for coffee and donuts before jumping into the work projects. At 11:30 we will meet up in the social hall for lunch together. I hope you will mark your calendars to join us!

by Steve Fawver  
pastor of spiritual health and care

Today's date, plus 30, plus 30, plus 30, plus 30.... That has been my pattern for the past few months. Can you guess what this is?

Work out plan?

Skittle count?

Lap swim numbers?

Push-ups I do?

How many seconds I brush my teeth?



Actually, it is a simple pattern for me to use in reading Psalms. Today is September 27, and so I read Psalm 27, 57, 87, 117, and 147. Tomorrow it will be Psalm 28, 58, 88, etc... It has been a practical tool for me to engage in reading some of the prayers and writings of the people of God we have collected in the Bible. How does this connect with what I am looking forward to in ministry at NFC? I am excited about a great deal, but one area that seems central and draws my attention is the opportunity for focused and intentional times of prayer with others—our community continuing to become a living and

breathing collection of Psalms people.

*"Hear my voice, when I call, Lord..." (Psalm 27:7)*

*"As for me, I call to God and the Lord saves me..."*

*(Psalm 55:16)*

*"From the rising of the sun to the place where it sets, the name of the Lord is to be praised." (Psalm 113:3)*

I look forward to us continuing to grow as a people who pray. Many of you have individual times of prayer—keep at it. The elders invite us to gather in the prayer room the second Monday of the month (@6:30)—come do it. We are opening another Monday, the fourth of each month—let's start it (October 24). A group gathers at 9 a.m. on Mondays (NFC office), 8 a.m. on Saturdays (Friendsview)—be part of it. Pray with small groups, Sunday school classes,

during our gathered worship, in between services in the prayer room, when you meet with friends, around the dining-room table, as you tuck your kids in at night, in a moment of quiet as you drive to work.... I am excited that we will join with the writers of Psalms as a people who pray.

I just read Psalm 57 and I close with the following section:

*"I will praise you, Lord, among the nations, I will sing of you among the peoples. For great is your love, reaching to the heavens; your faithfulness reaches to the skies."*

*(Psalm 57:9-10)*

God will always be loving and faithful; may we be attentive and open as we pray. Let's do it!

*by Gregg Koskela, lead pastor*

Every year, on the Sunday before Thanksgiving, we head over to Bauman Auditorium on the George Fox University campus as an entire church for worship. It's one of the highlights of the year, one of just a few times when people from both services can be together and worship in the same room at the same time. Beforehand, we have some great traditions: apple cider pressed on the spot and pumpkin and apple donuts. We've done this to celebrate our connection as a church community, to thank God together for God's goodness over the past year.



This fall, I'm really looking forward to a new, broader way these same goals can be lived out. North Valley Friends asked if we might consider having their congregation join us as well, to make the celebration of community even bigger. Our pastoral team took some time to think and pray about that idea, and we agreed it would be good to try that this year...but to go even broader. We will be inviting all the Friends churches in Newberg to join us Sunday, November 20, for worship. We're just beginning to dream and plan with the staff at North Valley for what that day could look like, but I'm looking forward to a wider representation of God's people singing praises and worshipping together!

A **Depression Recovery Class** will be offered again on Tuesdays beginning October 4 through November 22 at Seventh Day Adventist Church from 7 to 9 p.m. This class is facilitated/hosted by Dr. Tamara Rogers, a local physician. Each evening includes an instructional session and a sharing group session. Cost for the workbook is \$40. Flyers on the class are available at Dr. Tamara Rogers office at Newberg Hospital.



**PICKUP  
THE NEED  
Sunday, October 23**

*Foods FISH Needs Most*

- canned foods • dry staples • chili beans • pork & beans
- oatmeal • corn • cereal • green beans • flour • tuna
- soup • cooking oil • packaged food • fruit • tomatoes
- macaroni & cheese • peanut butter • refried beans

***Let's see how many pickups we can fill!***



**Pastoral Team**

Michelle Akins  
children and family ministries

Steve Fawver  
spiritual health and care

Cindy Johnson  
seniors ministries

Gregg Koskela  
lead pastor

Eric Muhr  
youth ministries

Elizabeth Sherwood  
administration

Nolan Staples  
worship ministries

**Support Staff**

Kara Estep  
youth ministries coordinator

Denise Lyman  
bookkeeper/receptionist

Sherry Macy  
admin assist / communications

Arnie Mitchell  
buildings manager

Dan Ritter  
buildings manager

Mark Thompson  
cemetery sexton



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Please direct  
all publications items  
to Sherry Macy.

**READ AHEAD FOR SUNDAY**

[John 15:1-12](#)

**What's Ahead**

**SUNDAY**

9am | Sunday school for children and adults — for times and classroom information, find "Educational Opportunities" at each entrance, each "Info Center," at the welcome center, or ask a greeter to help you.

9am | worship gathering

10-10:45am | Community Time | on the lawn, weather permitting

10-10:45am | Newcomer gathering | Room 236 (prayer room)

10:15-10:45am | library staffed

10:30am | Agape Sunday school class

10:45am | worship gathering

1pm | Bible Quiz Practice | FC Room 100

6pm | Taizé gathering | NFC sanctuary

**Monday, October 3**

JOY breakfast | 8am | Friendsview Hess Creek dining room | \$4 | for seniors 55 and older

Strong For Life | 10:30am | Barclay B

NFC office closed for pastoral team retreat

**Tuesday, October 4**

NFC office closed for pastoral team retreat

**Wednesday, October 5**

NFC office closed for pastoral team retreat

Strong For Life | 10:30am | Barclay B

Middle School youth group | 6pm | Friends Center

High School youth group | 7:30pm | Friends Center

**Friday, October 7**

Strong For Life | 10:30am | Barclay B

**Saturday, October 8**

Men's prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

Wood ministry work session | 9-11:30am | Friends Cemetery on Everest Rd | contact Larry Hampton, 503-538-6508

**Sunday, October 9**

Read ahead: Galatians 5:19-26

**Plan Ahead**

October 10 | Call to Prayer | 6:30pm | Room 236

October 11 | CMC (Children's Ministry Cultivation) | 7:30pm | 14035 NE Tangen Rd, Newberg | parents, volunteers, and NFC community invited to talk and pray focused on growing and improving children's ministry

October 12 | Exploring the Fruit of the Spirit | 6:45-8:30pm | Barclay A/B

October 13 | Pre-K Fun Night | 6-7pm | FC gym | ages 3-5 yrs

October 16 | Equipo meeting | 3pm | North Valley Friends

October 20 | K-2 Fun Night | 6-7:30pm | FC gym | dinner, games, and stories for children K through 2nd grade

October 24 | Margaret Fell WMF | 7pm | Spaulding Oaks Community Center | featuring Karen Swenson, teacher in Budapest

October 27 | 3:4-5 Fun Night | 6-8pm | dinner, games, and a mission presentation for children in 3rd-5th grade

**NFC's Calendar on the Web!**

# Mens Group

## Men's Group Startup

(later in October)

Come join others as we use the book *Fathered by God* (John Eldredge) as a basis for conversation, sharing, prayer, and spiritual growth.

Contact [Kevin Fish](#)  
(or 503-550-7993) if interested.

joy gentleness  
goodness patience  
faithfulness kindness peace  
self-control  
love

*"God, as you fill me with your Spirit,  
I invite you to grow  
(joy, peace, patience...) in me."*

### Come explore the Fruit of the Spirit with others!

Wednesday nights  
starting October 12 for 9 weeks  
7:00-8:30

Barclay A (next to the NFC office)  
Open to all.

Contact [Steve Fawver](#).

*"Since we live by the Spirit, let us keep  
in step with the Spirit." (Galatians 5:25)*



## Newcomer Gathering

If you are a relatively new attendee at NFC, we'd like to invite you to a casual get together in the Prayer Room (236) **this** Sunday, October 2, between services (10-10:45am). Let us help you find the next step for involvement in the life of our church!

## Happy October Birthday

- |   |   |  |
|---|---|--|
| <b>1</b> Jim Miller<br>Gwen Thomas                      | <b>9</b> Wanda Beebe<br>Brian Doak<br>Maddie Huwe<br>Elma Johnson | <b>25</b> Bob Holveck<br>Jerry Mann                        |
| <b>3</b> Caitlyn Graham<br>Beth Muthiah                 | <b>10</b> Abby Brown<br>Caleb Wall                                | <b>26</b> Phyllis Morse<br>Linda Sartwell<br>Mark Thompson |
| <b>4</b> Priscilla Jeffery<br>Clarissa Meakin           | <b>12</b> Mark Passmore   | <b>27</b> Nora Adams<br>Tim Graham                         |
| <b>5</b> Susan Fawver<br>Ethan Johnson<br>Lori Meissner | <b>15</b> Sarah Goodfellow<br>Don Staples                         | <b>28</b> Abram Dunlop<br>Evie Hutchinson<br>May Wallace   |
| <b>6</b> Ron Hampton<br>Connor Russom                   | <b>16</b> Janet Lyda<br>Sally Moore                               | <b>29</b> Adair Goss<br>Rusty St. Cyr                      |
| <b>7</b> Gertrude Ankeny<br>Sam Hardy                   | <b>19</b> Duane Comfort   | <b>30</b> John Hutchinson                                  |
| <b>8</b> Rebekah Stoltzfus                              | <b>20</b> Elyse Fawver  | <b>31</b> Jamie Boros<br>Mark Martin                       |
|   | <b>22</b> Connie Magee  |  |
|   | <b>23</b> Brittany Harmon-Watilo<br>Carolyn Staples               |  |