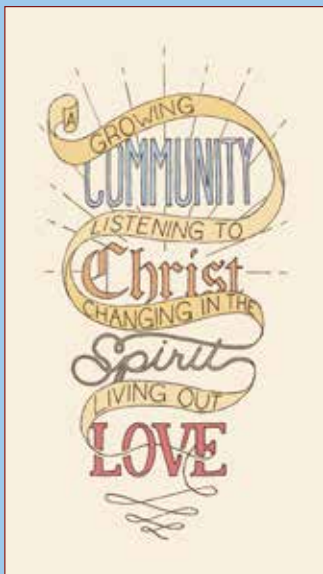


Your NFC

a weekly newsletter for the
people of the
Newberg Friends Church
community

August 19, 2016



All in a Day's Life

by Peggy Hanson



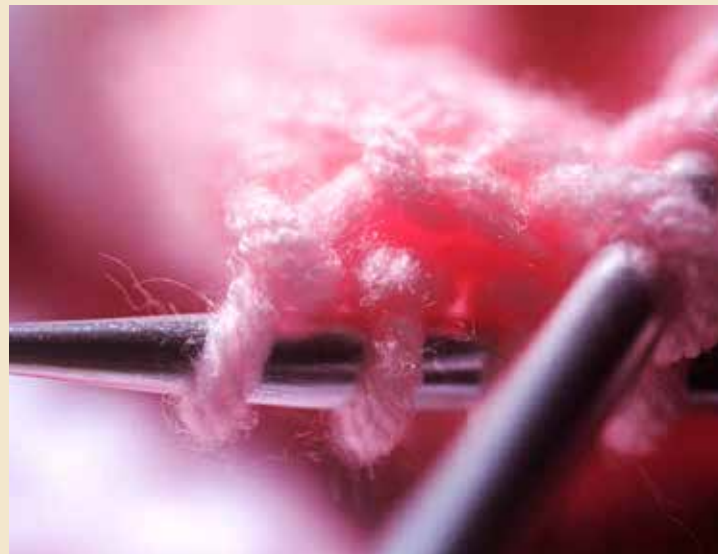
Just the other day, at a memorial service, it happened again. They stopped too soon.

The person reading from Proverbs chapter three stopped right after the well-loved verses 5 and 6. Of course these are wonderful verses. You can probably recite them by memory, “Trust in the Lord with all your heart and lean not on your own understanding. In all of your ways acknowledge Him and He will direct your paths.”

For many, including me, this is a meaningful scripture. However, I would like to point out that the promise does not end with verse 6. As much as those two verses mean to me, I love what comes next: “Do not be wise in your own eyes; fear the Lord and shun evil. This will bring health to your body and nourishment to your bones.”

Over the years, my bones have needed a lot of nourishment. All of my life I have had physical challenges because of problems with my bones. When God knitted me together in my mother’s womb—did a stitch get dropped? I’ve wondered. Sometimes my path has seemed too steep or walking it too painful. But one way or another God has provided the nourishment my bones needed. Sometimes this has come through the gifts of doctors, surgeries, or other medical interventions. Many times God has comforted and cheered me and brought helpful people or circumstances into my life. I am thankful for the promise in these verses that are often overlooked.

However, I don’t believe that this promise is just for health and nourishment of our physical bones. It holds greater meaning. Using the example of the bones inside our body illustrates how deeply into our being God’s love permeates. As with many difficult life experiences, growing up with a disability can carry with it shame and negative self-image. Facing limitations in daily life can also be demoralizing.



These emotional experiences are just as challenging—if not more so—than physical ones. But this promise of nourishment goes deep to the bones of our emotional needs, and this has been true in my life.

continued

However, just like those who stop reading too soon in Proverbs, I usually stop too soon in my awareness of the many ways this love is shown to me. A beautiful sunrise, a hug from a grandchild, a cozy chair, a new bird at the feeder, a walk around the block—each nourishes me. These days I try to go a little bit further in seeing how much God loves me.

Reviewing the events each day and discovering what has blessed me is a helpful practice. Quietly focusing on the present moment helps me avoid the downward spiral of worry and regret and instead rest in a place of gratitude. I am grateful for the way God nurtures me, knowing what I need and providing it each day.

My husband, Bob, and I have been part of NFC for 40+ years. I grew up in southern California and first came to Newberg as a George Fox student. We live in Dundee and have two grown daughters, who now have families of their own. After a career as an occupational therapist in public schools and teaching at Pacific University, I now work as the community life director at Friendsview Retirement Community.



Outdoor Worship

September 11
@10:45 a.m.

Potluck Brunch on the Lawn @ 9:30 a.m.

Bring your own table service along with a brunch item and/or a box of cereal to share. Milk and coffee will be provided.

🍷 Difficult News

Last week, **Skyler Hutchinson** passed away in a tragic accident. We are grateful for the ongoing support from our church family to Skyler's mom, **Sue Hutchison**; brother, **Hudson**; sister, **Evie**; and grandparents, **John** and **Gail Hutchinson**. The family will have a private graveside service. Skyler loved hymns, and the NFC community is invited to a hymn sing on Monday, August 29, at 7 p.m. in the sanctuary to celebrate his life.

We will have a counselor available on Sunday morning at 9 a.m. in Room 111 to meet with any children or parents who would like help processing their grief.

For those who wish to offer practical help, here are some options:

- Meals (with special dietary restrictions) are being coordinated by [Cindy Johnson](#).
- Financial gifts to the church designated

"Compassionate Care" are tax deductible and will be used to help the Hutchinsons and possibly other families at NFC with things like rent, utility bills, counseling costs, etc.

- Non tax-deductible financial gifts can be given to help with a wider variety of needs specifically for the Hutchinsons. Those can be given locally at First Federal Savings and Loan* or to a [GoFundMe](#) account [here](#).



photo by John Hampton

*Checks payable to **First Federal** with "Skyler Hutchinson Memorial Fund-#0201002663" on the memo line; routing #323270313 for transfers; First Federal, 121 N. Edwards St., P.O. Box 688, Newberg, OR 97132

READ AHEAD FOR SUNDAY

Psalm 73:1-13



Pastoral Team

Michelle Akins
children and family ministries

Steve Fawver
spiritual health and care

Cindy Johnson
seniors ministries

Gregg Koskela
lead pastor

Eric Muhr
youth ministries

Elizabeth Sherwood
administration

Nolan Staples
worship ministries

Support Staff

Kara Estep
youth ministries coordinator

Denise Lyman
bookkeeper/receptionist

Sherry Macy
admin assist / communications

Arnie Mitchell
buildings manager

Dan Ritter
buildings manager

Mark Thompson
cemetery sexton



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Newberg, Oregon 97132
503-538-8381

www.newbergfriends.org

Please direct
all publications items
to **Sherry Macy**.

What's Ahead

SUNDAY

9am | worship gathering

9am | summer Sunday school

- nursery
- pre-K class, Rm 124
- K-5th class, Rm 121

10-10:45am | Community Time | on the lawn, weather permitting

10:15-10:45am | library staffed

10:30am | Agape Sunday school class

10:45am | worship gathering

6pm | pie social for Karen Swenson | social hall

Monday, August 22

Intercessory prayer | 9am | Barclay C

Strong For Life | 10:30am | Barclay B

Marriage Encouragement Group BBQ | 5pm | 14035 NE Tangen Rd, Newberg
| for all 2015-16 MEG couples and any interested to join this fall | kids
welcome

Margaret Fell WMF potluck | 6pm | social hall

Wednesday, August 24

Strong For Life | 10:30am | Barclay B

Friday, August 26

Strong For Life | 10:30am | Barclay B

Saturday, August 27

Men's prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

Sunday, August 28

Read ahead: Psalm 73

Plan Ahead

August 29 | Hymn Sing to celebrate the life of Skyler Hutchinson | 7pm |
NFC sanctuary | invitation open to all

September 4 | Taizé gathering | 6pm | NFC sanctuary

September 5 | NFC office closed for Labor Day holiday

September 5 | JOY breakfast | 8am | Friendsview Hess Creek dining room |
\$4 | for seniors 55 and older

September 7 | Children's Ministries Orientation | 10am and 7pm | Room 132
| for all children's ministry volunteers; please attend 1 of the 4 sessions

September 10 | wood ministry work session | 9-11:30am | Friends Cemetery
on Everest Rd | contact Larry Hampton, 503-538-6508

September 11 | Outdoor Worship | 10:45am | preceded by a potluck brunch
on the lawn at 9:30am | details on page 4

September 12 | Children's Ministries Orientation | 10am and 7pm | Room
132 | for all children's ministry volunteers; please attend 1 of the 4
sessions

September 14 | WBFpm begins | 7pm | Barclay C

September 15 | Women's Bible Fellowship begins | 8:45am | social hall

September 18 | resume full Sunday school schedule

NFC's Calendar on the Web!