

# Your NFC

a weekly newsletter for the  
people of the  
Newberg Friends Church  
community

February 5, 2016



## From Me to You

by Nolan Staples,  
worship ministries

On January 10, I was unable to attend our congregational business meeting, but I had an exciting reason to not be there: I was driving to the airport to pick up a bass shipped here from a bass shop in Phoenix. Having never seen it before, I was about to begin a week trial to decide whether this would become my instrument! I think it's fair to say that I was at least a little bit excited. The following weekend I would return to the airport to either ship the bass back to Phoenix or to return the flight case (I was already praying for the latter scenario).



And what a week it was! I spent time each day getting to know this new instrument, and I made plans to spend time playing it for and with a few of my close musical friends. I played my current bass (an Eastman) and the trial bass (a Rogeri; let's refer to them as such from here on out) side by side in various familiar spaces and was immediately aware I had found an instrument far beyond the quality of my Eastman. It was exciting to play the Rogeri for one friend at a time, receiving from each a response that matched my own enthusiasm.

Soon after hearing me play the Rogeri for the first time, multiple friends articulated their impressions that were both encouraging and very helpful in affirming the decision I had already almost made. These trusted ears heard not only a different bass (offering descriptors like warm, full, resonant, deep, rich), but they also heard and felt a different bass player behind the instrument. They heard someone who sounded more articulate and free. They recognized I was already able to express myself more clearly and beautifully on the Rogeri than I had on the Eastman. They heard and felt joy.

This bass has already brought me much joy, and it's changed the way I interact with others and express myself musically. I've spent years developing technique that is now coming through so much more as I develop a new relationship with this beautiful instrument. This bass is not only a reminder for me to be thankful, but it has also reminded me to extend grace and be more patient with others. I've been challenged by a lot of pain in my technique work over the years on the old Eastman, and now all that work is promoting more relaxation and freedom through the Rogeri. I just took a big step in my

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journey as a bassist, and I'm going to keep growing! Reflecting on my own growth in this part of my life helps me to remember how we're all on our own journeys, and we all have pain we're working through. We are all growing in our individual "techniques." As we keep journeying together with Christ, we will continue to grow more and more into who God made us to be, and the pain and struggle will eventually turn into freedom and peace and joy. Each time I approach my new bass I want to feel this peace, joy, and grace for others and myself.

I love that this new part of me is something I can share with you all, and I'm grateful to have you celebrating with me!



## ☛ Heaven's Gain

**Bill Cathers** died on January 24, 2016, at age 90. He had been a member since 1988. Family members at NFC include his wife, **Irene**. A me-

memorial service will be held on Saturday, February 20, at 4 p.m., at Northside Community Church, 1800 Hoskins St, Newberg. A potluck reception will follow.

# GEORGE FOX University AUXILIARY

Supporting the university through service and giving



Friday, February 5, 2016

Roberts Center

551 Villa Rd, Newberg

LUNCH COST IS \$9.00 PER PERSON  
PAY AT THE DOOR | RESERVATIONS REQUIRED

CALL JUDY WOOLSEY AT 503.538.7314

## Wednesday Night Small Group — Open to All!

### *“Reflections in Philippians: Living Well in the Midst of Change”*

- Beginning **February 10**, finishing April 13 — 6:45- to 8:30 p.m.
- Gathering at Hutch and Gail Hutchinson's house (2301 Alder Ln., Newberg)
  - For more info, e-mail [steve@newbergfriends.org](mailto:steve@newbergfriends.org)

*And this is my prayer: that your love may abound more and more in knowledge and depth of insight, so that you may be able to discern what is best and may be pure and blameless for the day of Christ, filled with the fruit of righteousness that comes through Jesus Christ—to the glory and praise of God.*

Philippians 1:9-11



**Pastoral Team**

Michelle Akins  
children and family ministries

Steve Fawver  
spiritual health and care

Cindy Johnson  
seniors ministries

Gregg Koskela  
lead pastor

Eric Muhr  
youth ministries

Elizabeth Sherwood  
administration

Nolan Staples  
worship ministries

**Support Staff**

Kara Estep  
youth ministries coordinator

Denise Lyman  
bookkeeper/receptionist

Sherry Macy  
admin assist / communications

Arnie Mitchell  
buildings manager

Dan Ritter  
buildings manager

Mark Thompson  
cemetery sexton



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[www.newbergfriends.org](http://www.newbergfriends.org)

Please direct  
all publications items  
to Sherry Macy.

**READ AHEAD FOR SUNDAY**

**Luke 8:4-15**

**What's Ahead**

**SUNDAY**

9am | Sunday school for children and adults — for times and classroom information, find "Educational Opportunities" at each entrance, each "Info Center," at the welcome center, or ask a greeter to help you.

9am | worship gathering

9am | unprogrammed worship | Barclay C

10-10:45am | Community Time | in the social hall and library

10:15-10:45am | library staffed

10:30am | Agape Sunday school class | Barclay B

10:45am | worship gathering

1:30pm | Bible Quiz practice | Friends Center

6pm | Taize gathering | NFC sanctuary

**Monday, February 8**

Intercessory prayer | 9am | Barclay C

Strong For Life | 10:30am | Barclay B

Call to Prayer | 6:30pm | Room 236

**Wednesday, February 10**

Strong For Life | 10:30am | Barclay B

Middle school youth group | 6:00pm | Friends Center

WBFpm | 7pm | Barclay C

High school youth group | 7:30pm | Friends Center

**Thursday, February 11**

Women's Bible Fellowship | 8:45am | social hall

K-2 Fun Night | 6-7:30pm | FC gym | dinner, games, and stories for children K through 2nd grade

**Friday, February 12**

Strong For Life | 10:30am | Barclay B

**Saturday, February 13**

Men's prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

Wood ministry work session | 9-11:30am | Friends Cemetery on Everest Rd | contact Larry Hampton, 503-538-6508

**Sunday, February 14**

Read ahead: Joel 2:12-13

**Plan Ahead**

February 17 | Julia Pearson WMF | 1:30 | Friendsview Hess Creek Classroom | featuring Joe Lynne Rader, NWYM Friends Women president

February 21 | "Journey to Africa" — missions update | noon | social hall | soup luncheon | contact Linda Byrd, byrd.l.c.7@gmail.com

February 21 | Women's Retreat steering meeting | 3:30pm | Barclay C

February 22 | Margaret Fell WMF tea | 7pm | NFC social hall | featuring Love INC

February 25 | 3:4-5 Fun Night | 6-8pm | dinner, games, and a mission presentation for children in 3rd-5th grade

March 4-6 | NFC Women's Retreat | Twin Rocks Friends Camp | see page 4 for more information

March 6 | Taize gathering | 6pm | NFC sanctuary

**NFC's Calendar on the Web!**





Click this image for the link to retreat registration.

Newberg Friends Church

## Women's Retreat

March 4-6, 2016

Twin Rocks  
Friends Camp

\$123

\$128 (with Friday dinner)

Registration and scholarship forms available in the NFC office or online: [newbergfriends.org](http://newbergfriends.org)  
Contact Michelle Akins for details: [michelle@newbergfriends.org](mailto:michelle@newbergfriends.org)  
503-539-5041

### Be loved lavishly!

Create space in your schedule to relax, play, learn, listen, wonder, breathe deeply, and savor a weekend made for you.



Join the Sandals Sunday school class during February for a discussion of spiritual disciplines. We will use Richard Foster's *Celebration of Discipline* to consider how our community members practice - or might practice - inward, outward, and corporate disciplines. Our class meets in the social hall at 9 a.m. Sunday mornings. All are welcome to join our intergenerational community.

## Opportunities for Worship Leadership through Music



### Choir and Brass

We will have a choir leading us in worship through song on March 27. This is Easter Sunday, and it would be great to have a lot of singers! Rehearsals will be on Wednesdays—March 9, 16, and 23 at 7 p.m. in Room 246. There will also be brass accompanying the choir, so if you play a brass instrument and have interest in joining, please send me an e-mail!

### Young Friends Singers

The Young Friends are invited to sing again on Sunday March 20! We will be gathering to learn songs together on Saturdays—February 27, March 5, and March 19 (not March 12) at 3 p.m. in Room 246. Let me know if you have child(ren) who will be joining us!

[Nolan Staples](#), worship ministries

## Journey to Africa

### A Family-Friendly Adventure

Enjoy delicious soups, games, crafts, and fellowship while discovering how God is leading Linda Byrd for a short-term trip to Cameroon.

Sunday, February 21, 2016  
12:00 p.m.

NFC Social Hall  
R.S.V.P.: [byrd.l.c.7@gmail.com](mailto:byrd.l.c.7@gmail.com) or  
503-550-2536

