# Your NFC

a weekly newsletter for the people of the Newberg Friends Church community

January 15, 2016



# All in a Day's Life

by Joe Thouvenel

#### 1 Thessalonians 5:18

Give thanks in all circumstance, for this is God's will for you in Christ Jesus.

I've been reminiscing a lot lately, which is quite unusual as I tend to be someone who looks ahead, anticipating what's next.



Perhaps my new-found propensity to look back has been spurred by a significant change of routine the past year and a half. In the fall of 2014, my family and I transitioned from ten years of service at Twin Rocks Friends Camp to return to our roots in Newberg. I anticipated feeling overwhelmed by this change, but I've actually experienced the opposite: *comfort*, *fulfillment*, and *peace*.

I feared that upon leaving a position within full-time Christian ministry I might actually be less blessed by God. While that *sounds* incredibly foolish, I still get caught thinking that my best efforts equate with the assurance of God's blessings. With that, I expected to experience remorse and endure challenges as a result of leaving a ministry position. If you've ever worked in any sort of full-time ministry, then you likely understand that there are a lot of high-highs and just as many low-lows, but never enough time to process any of them. Within my day to day, there was an awkward tension of deep joy and sheer exhaustion. To be frank, my "stress-joy" ratio had been growing more and more out of sync, causing me to believe that God might actually smite me due to my decision to leave traditional full-time ministry for a more "ordinary" job at George Fox.

What I've actually experienced these past 18 months has surprised me. I find *comfort* in home and surroundings, embracing daily routines with family and enjoying the cultivation of friendship with our neighbors. I experience fulfillment as I go to my job each day and work closely with students in an effort to help them achieve their goals. Each day I get to invite students to examine their calling and, hopefully, equip them to embrace and move toward it. Most of all, there has been a deepening sense of *peace* that causes me to pause every now and then, to take in the moment. This leads me to wonder more about the nature of God's will. Is it possible that being in the center of God's will has less to do with one's location or vocation (where we are and what we do) and more about humbly accepting God's gifts and realizing he loves us more for who we are regardless of what we do? For me, God's will might just be discovering freedom in the consistency and simplicity of this season of life, allowing me moments to reflect on the past, cherish the present, and let the future worry about itself.



### Pastoral Team

Michelle Akins children and family ministries

Steve Fawver spiritual health and care

Cindy Johnson seniors ministries

Gregg Koskela lead pastor

Eric Muhr youth ministries

Elizabeth Sherwood administration

Nolan Staples worship ministries

### Support Staff

Kara Estep youth ministries coordinator

Denise Lyman bookkeeper/receptionist

Sherry Macy
admin assist / communications

Arnie Mitchell

buildings manager

Dan Ritter

buildings manager

Mark Thompson cemetery sexton



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Please direct all publications items to Sherry Macy.

# READ AHEAD FOR SUNDAY Isaiah 62:1-5; 1 Corinthians 12:1-11

## What's Ahead

9am   Sunday school for children and adults — for times and classroom information, find "Educational Opportunities" at each entrance, each "Info Center," at the welcome center, or ask a greeter to help you. 9am   worship gathering 9am   unprogrammed worship   Barclay C 10-10:45am   Community Time   in the social hall and library 10:15-10:45am   library staffed 10:30am   Agape Sunday school class   Barclay B 10:45am   worship gathering 1:30pm   Bible Quizzing   Friends Center 3pm   Elders' Study Task Force   Barclay B 3:30pm   Women's Retreat steering meeting   Barclay C 7pm   CMC meeting   14035 NE Tangen Rd, Newberg
Monday, January 18
Wednesday, January 20
Strong For Life   10:30am   Barclay B
Julia Pearson WMF   1:30pm   Friendsview Classroom   featuring Debby Thomas
Middle school youth group   6:00pm   Friends Center
WBFpm   7pm   Barclay C High school youth group   7:30pm   Friends Center
Thursday, January 21
Women's Bible Fellowship   8:45am   social hall
Friday, January 22
Strong For Life   10:30am   Barclay B
Saturday, January 23
Men's prayer meeting   8am   Friendsview Creekside, 2nd floor, TV room
Sunday, January 24
Read ahead: Luke 4:14-21
Plan Ahead
January 25   Margaret Fell WMF   7pm   NFC social hall   featuring a Skype conversation with Badgleys, Friends Serving Abroad
January 29   memorial service for Edna Williams   2pm   NFC sanctuary
February 1   JOY breakfast   9am   Hess Creek dining room   for seniors 55 and older   \$4
February 4   Pre-K Fun Night   6-7pm   FC gym   ages 3-5 yrs
February 7   Taize gathering   6pm NFC sanctuary
February 11   K-2 Fun Night   6-7:30pm   FC gym   dinner, games, and stories for children K through 2nd grade
February 25   3:4-5 Fun Night   6-8pm   dinner, games, and a mission presentation for children in 3rd-5th grade
NFC's Calendar on the Web!



### Heaven's Gain

Edna Williams died on January 12, 2016, at age 96. She had been a member since 1975. Family members at NFC include brother-in-law Keith (Eilene) Williams, grandson John (Erin) Macy, and great-granddaughters

**Sage** and **Brynn Macy**. A memorial service will be held on January 29, 2016, at 2 p.m.

## **Agape Class Invitation**

Roy Twaddell, affiliated with Evangelical Friends Mission, will speak in the Agape class this Sunday at 10:30 a.m. in Barclay B. Roy and his wife,



Jinky, have been ministering to the people of the Middle East for more than twenty years. At this time they are concentrating their efforts on training workers and plan to move to the Philippines to assist local communities in planting churches among people from the Middle East countries. All are invited to come and participate in the class.

### New Members

We welcome **Tom** and **Doreen Dodgen-Magee** as new members at Newberg Friends Church.

# UPDATE

# ...from the NFC Elders to the Congregation:

This fall and winter our congregation has been invited to spend personal focused time in scripture and other reading materials related to homosexuality. Several books have been purchased and are available in a special section in our church library to help guide us. Currently a task force is meeting on a weekly basis to explore ways in which we as a congregation might come together for collective study and dialogue in the spring. We hope you will keep both the task force and the elders in your prayers as we plan for this next phase of study.



# Introducing ...

**Kara Estep**, our new youth ministries coordinator, will be offering administrative support and leadership for our Sunday morning and mid-week youth programming. She started working with youth here at NFC this last week: "I graduated from Portland State University in 2011 with a degree in International Studies. I met my husband, Blake, the week I graduated, and we've now been married for just over three years. We bought a house in Newberg almost three years ago and love doing home improvement projects together. We just had our first baby, Kailie, in September, and we are overwhelmed by the joy she brings us. I grew up in the Friends Church and participated in a lot of the youth programs offered through my church, the yearly meeting, and Twin Rocks. I was hugely impacted by these programs and love being able to pass those experiences on to youth today."

# For your convenience, we include shopping lists for the two Syrian refugee kits being collected by Medical Teams International. For a status update toward the goal of 10,000 kits, <a href="CLICK HERE">CLICK HERE</a>.

### FAMILY REFUGEE KIT (~\$29):

4-pack of toilet paper

3.1 ounce bar of soap

22.5 ounce bottle of shampoo

4 toothbrushes

2 6.4 ounce tubes of toothpaste

2-pack of bath towels

36 count sanitary pads

2.5 ounce hand sanitizing gel

4- to 10-pack of shaving razors with travel size shaving cream

\$4 for shipping costs

Note: kit items can be donated in any bag or box, drawstring garbage bag preferred. Customs officials request all supplies be in their original packaging.



#### INFANT REFUGEE KIT (~\$19):

36-pack disposable diapers

Travel pack of wet wipes

15 ounce bottle baby shampoo

Tube of diaper rash cream

Washcloth

\$4 for shipping costs

Note: kit items can be donated in any bag or box, drawstring garbage bag preferred. Customs officials request all supplies be in their original packaging.



All items can be dropped off throughout January at either the NWYM office (in green bins on porch when office is closed) or directly at Medical Teams International headquarters:

14150 SW Milton Ct, Portland, OR 97224.

Also, you don't need to donate a whole kit; separate items are great! MTI is especially low on diapers in packs of about 36 and on bath towels. All items must be new and unwashed (towels).

Peter finds his faith much stronger in winter



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a faith-based support group
for women who have
or are experiencing
domestic violence or abuse of any kind.
Please call 503-846-9284.



# Now There's Help

Free classes, funded by the State of Oregon, are now available on topics concerning common age related issues.

Visit

www.OregonCarePartners.com to learn more and register for a free class today.

All caregiver trainings offered by Oregon Care Partners are free and open to the public.

#### Class topics include:

- Safe medication management
- Caring for a loved one with Alzheimer's or dementia
- Strategies to manage common challenging behaviors like anger and aggression



If you know someone who's a family caregiver, tell them about Oregon Care Partners, and help spread the word about this valuable, free service.