# Your NFC

a weekly newsletter for the people of the Newberg Friends Church community

January 1, 2016



#### From Me to You

by Elizabeth Sherwood

Pay attention.
Be astonished.
Tell about it.
—Mary Oliver

I came across these simple instructions in a chapter on Epiphany. I was drawn to these three short sentences in part because I don't have lots of down time for reading during the



holidays. I was also taken by the words that highlighted for me exactly what I am hoping for this season. I want to pay attention. I want to be surprised by joy. I want my life to speak of God's goodness. I am also very much aware of my shortcomings during this time of the year. The "extras" can be so distracting. The expectations can be overwhelming.

So instead of taking in the three short sentences, I decided to live with just the first one: *Pay attention*. How will it look if I focus on the things happening left and right and all around me and see them for what they are—acts of simple kindness I see others doing at the grocery store or in the airport; words of politeness spoken to the crummy customer in front of me; family members enjoying one another; a friend asking for help from their church and receiving more than they imagined? What if I pay attention to the events around me and recognize in them little acts of grace that reflect the nature of Christ?

What if I set aside the noisy to-do list in my brain to lift up the strangers that I drive by; to ask for God's mercy to be known by my family members; to pray for the many who don't have the luxury of distractions because survival of their present suffering consumes all of their emotional and physical energy?

What if I could pay attention to what God is doing in my own life— to see him wait for me to slow down and rest in his presence; to hear the Spirit encouraging me to respond more slowly so that kindness instead of snarky sarcasm is spoken; to recognize Christ's presence in the here and now instead of being caught up in the plan for tomorrow?

If I could pay attention to all beautiful spiritual moments all around—not miss them due to my own distractibility—would not I then be astonished? Would my life then naturally speak of the grand story of Jesus? Life can be found in the simplicity of taking this day hour by hour, asking my Lord to help me receive all that I can; asking the Spirit to help me pay attention.



#### Pastoral Team

Michelle Akins children and family ministries

Steve Fawver spiritual health and care

> Cindy Johnson seniors ministries

Gregg Koskela lead pastor

Eric Muhr youth ministries

Elizabeth Sherwood administration

Nolan Staples worship ministries

#### Support Staff

Denise Lyman bookkeeper/receptionist

**Sherry Macy** admin assist / communications

> Arnie Mitchell buildings manager

Dan Ritter buildings manager

Mark Thompson cemetery sexton



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Please direct all publications items to Sherry Macy.

#### READ AHEAD FOR SUNDAY

Matthew 2:1-12; Isaiah 60:1-6; Psalm 72:1-14

### What's Ahead

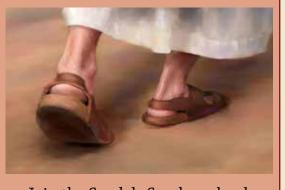
**9am** | Sunday school for children and adults — for times and classroom

SUNDAY

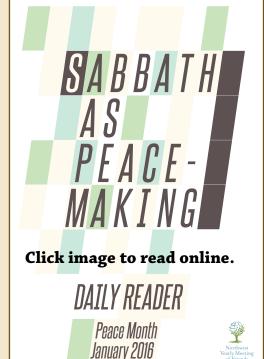
information, find "Educational Opportunities" at each entrance, each "Info Center," at the welcome center, or ask a greeter to help you.
9am   worship gathering 9am   unprogrammed worship   Barclay C
10-10:45am   Community Time   in the social hall and library 10:15-10:45am   library staffed
10:30am   Agape Sunday school class   Barclay B
10:45am   worship gathering 1:30pm   Bible Quiz practice   FC Room 100
6pm   Taize gathering   NFC sanctuary
Monday, January 4
JOY breakfast   8am   Friendsview Hess Creek dining room   \$4   for seniors 55 and older
Intercessory prayer   9am   Barclay C Strong For Life   10:30am   Barclay B
Wednesday, January 6
Strong For Life   10:30am   Barclay B WBFpm   7pm   Barclay C
Thursday, January 7
Women's Bible Fellowship   8:45am   social hall
Friday, January 8
Strong For Life   10:30am   Barclay B
Saturday, January 9
Men's prayer meeting   8am   Friendsview Creekside, 2nd floor, TV room Wood ministry work session   9-11:30am   Friends Cemetery on Everest Rd   contact Larry Hampton, 503-538-6508
Sunday, January 10
Read ahead: Isaiah 61:1-4; Luke 3:15-17; Acts 8:14-17
Plan Ahead
January 11   Call to Prayer   6:30pm   Prayer Room (Room 236) January 16   memorial service for Janette Stoltzfus   1:30pm   NFC sanctuary January 17   Women's Retreat steering meeting   3:30pm   Barclay C January 17   CMC meeting   7pm   14035 NE Tangen Rd, Newberg January 20   Julia Pearson WMF   1:30pm   Friendsview Classroom   featuring Linda Byrd, World Venture Mission Camps  January 25   Margaret Fell WMF   7pm   Spaulding Oaks Community Center   featuring a Skype conversation with Badgleys, Friends Serving Abroad  February 1   JOY breakfast   8am   Friendsview Hess Creek dining room   \$4
NEC's Calendar on the Web!



The January/February/ March 2016 Fruit of the Vine is now available at the welcome center, \$5/ea. NFC writers include Becky Ankeny, Barbara Mann, and Hank Helsabeck.



Join the Sandals Sunday school class as **Jessy Hampton** shares about Muslim-Christian relations in the Middle East and how it felt to be an American in that setting. The class meets at 9 a.m. in the social hall below the sanctuary; all are welcome to join our intergenerational class.





## Happy January Birthday



- 1 Harlan Wooldridge
- **2** Nicole Fawver Sami Molina Norma Yoder
- 3 Aaron Dunlop Jacob Graham Bev Payton
- 4 Hudson Hutchinson
- **6** Tim Hyatt Merrill Johnson Zach Maurer Brad Wood
- **7** Nancy Brown Floyd Schrock
- **8** LaJuan Hampton Sandy Prewitt
- **9** Louisa Buerkle
- **10** Twila Tschan Caitlin Wall Courtney Wall
- **11** Ginny Birky

- Kyle Fish Ava McNeal
- **12** Josh Bannister Desmond Flachsbart Susan Hampton
- **14** Jake Hardy Beth Nistler
- **15** Jolee Akins Kelly Shelton Eliana Swan
- **16** Brandon Buerkle Gary Fawver Joshua Passmore Gib Rickey
- **17** Alda Clarkson Susan Doak Ron Stansell
- 18 Lenna Ragsdale Lois Smith Heidi Tschan
- **19** Paul Fodge

- **20** Bethany Lee
- **21** Esther Johnson
- 23 Brian Craven Mike Foster John Johnson
- **24** Marcille Comfort Elizabeth Sherwood
- **26** Tim Engle Celeste Flachsbart Christian Hampton Ryland Meissner
- **27** Rick McNeal Stephanie Thouvenel
- **28** Gary Buckley Alandra Thomas
- **30** Gary Brown Sam Farmer Manfred Tschan
- **31** Lesta Hockett Jana Kaye Paul Shelton