

# Your NFC

a weekly newsletter for the  
people of the  
Newberg Friends Church  
community

December 18, 2015



## ☘ All in a Day's Life

### Joy in Trials

by Courtney Rogers

This has been a year full of challenges and transition. If I am being totally transparent, this has been a year of disappointments, dead ends, and heartache. It seems like nothing has worked out the way I had imag-



ined, hoped for, and even attempted. In a word, 2015 has been a year of *trials*. I feel like my faith in the Lord has been tested to the limits, and my patience as well. From disappointments in relationships, to moving four times, to closing my business and starting a "9-5"—trial after trial. Through this season, I have had to distinguish between happiness and joy. The world sells us happiness on a silver platter as though life owes us happiness. But when circumstances are bleak, happiness goes into hiding. But joy does not. Joy is one of the results of having Holy Spirit on our team. We literally possess joy always. *Accessing* it—there is the challenge.

Through this season, I have experienced moments when tears of sadness and anger stream down my face, but joy bursts from my heart at the same time. It's not to say that anger, depression, and sadness are absent but that joy can still reign, even in the midst of negative emotions, circumstances, and experiences. I have learned to access my joy through worship and praise. For me, that usually looks like whispering love notes to God under my breath or thanking him for all of his glory and attributes.

Would you join me in winding down this year by unwrapping your joy? I want to encourage you to write out three things in your current situation that bring you joy. Something as small as your morning coffee or your favorite cozy blanket. Keep it simple, and you may be surprised how readily available your joy is. Or it could be simply putting on your favorite worship song on repeat in the background or slipping away on a five-minute break and thanking God for all of his goodness. There is power in the tongue, so speaking out praise is the most powerful way to shift your spirit. Focusing on trusting God fills our bodies with joy. And it also brings peace in the midst of storms.

May your last few days of this year be sprinkled with love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

**READ AHEAD FOR SUNDAY**  
**Isaiah 12:2-6; Philippians 4:4-9**



**Pastoral Team**

**Michelle Akins**  
*children and family ministries*

**Steve Fawver**  
*spiritual health and care*

**Cindy Johnson**  
*seniors ministries*

**Gregg Koskela**  
*lead pastor*

**Eric Muhr**  
*youth ministries*

**Elizabeth Sherwood**  
*administration*

**Nolan Staples**  
*worship ministries*

**Support Staff**

**Denise Lyman**  
*bookkeeper/receptionist*

**Sherry Macy**  
*admin assist / communications*

**Arnie Mitchell**  
*buildings manager*

**Dan Ritter**  
*buildings manager*

**Mark Thompson**  
*cemetery sexton*



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[www.newbergfriends.org](http://www.newbergfriends.org)

Please direct  
all publications items  
to Sherry Macy.

**What's Ahead**

**SUNDAY**

**9am** | Sunday school for children and adults — for times and classroom information, find "Educational Opportunities" at each entrance, each "Info Center," at the welcome center, or ask a greeter to help you.

**9am** | worship gathering

**9am** | unprogrammed worship | Barclay C

**10-10:45am** • Community Time | in the social hall and library  
• 2016 directory photo opportunity | Room 234

**10:15-10:45am** | library staffed

**10:30am** | Agape Sunday school class | Barclay B

**10:45am** | worship gathering

**11:45am** | 2016 directory photo opportunity | Room 234

**Monday, December 21**

Intercessory prayer | 9am | Barclay C

Strong For Life | 10:30am | Barclay B

**Wednesday, December 23**

Strong For Life | 10:30am | Barclay B

**Thursday, December 24**

Annual Candlelight Christmas Eve Services | 5pm, 6:30pm, 8pm | everyone welcome!

**Friday, December 25**

NFC office closed for Christmas holiday

**Saturday, December 26**

Men's prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

**Sunday, December 27**

Read ahead: James 1:17; Psalm 145:21; Revelation 5:11-14

**Plan Ahead**

December 28 | NFC office closed for Christmas holiday

December 28 | Christmas Break Bash | 2pm | FC gym | an afternoon of playtime, organized games, movie and popcorn for children age 3 through 5th grade | michelle@newbergfriends.org

January 1 | NFC office closed for New Year holiday

January 3 | Taize gathering | 6pm | NFC sanctuary

January 4 | JOY breakfast | 8am | Friendsview Hess Creek dining room | \$4 | for seniors 55 and older

January 9 | wood ministry work session | 9-11:30am | Friends Cemetery on Everest Rd | contact Larry Hampton, 503-538-6508

January 11 | Call to Prayer | 6:30pm | Prayer Room (Room 236)

January 16 | memorial service for Janette Stoltzfus | 1:30pm | NFC sanctuary

January 17 | Women's Retreat steering meeting | 3:30pm | Barclay C

January 17 | CMC meeting | 7pm | 14035 NE Tangen Rd, Newberg

January 20 | Julia Pearson WMF | 1:30pm | Friendsview Classroom | featuring Linda Byrd, World Venture Mission Camps

January 25 | Margaret Fell WMF | 7pm | Spaulding Oaks Community Center | featuring a Skype conversation with Badgleys, Friends Serving Abroad

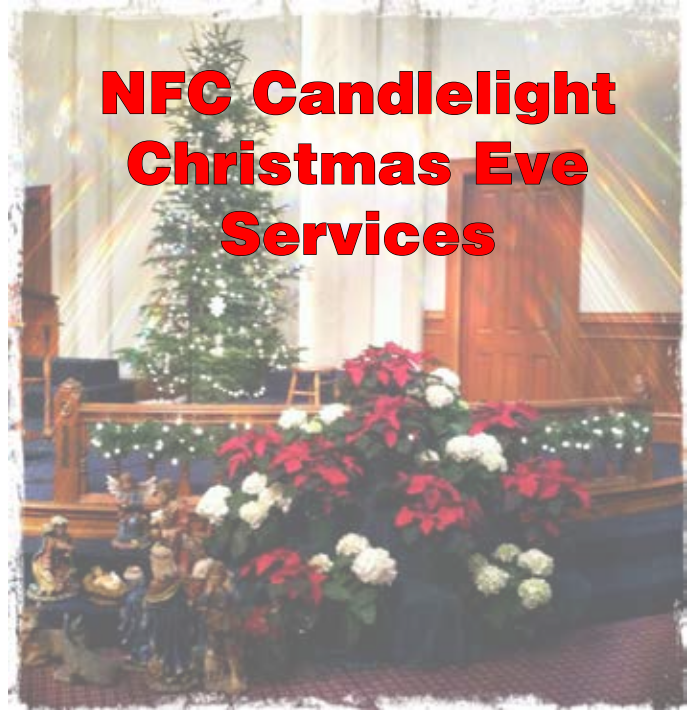
**NFC's Calendar on the Web!**

# Christmas Giving Tree

Remember to bring your **WRAPPED AND TAGGED** Giving Tree gifts **THIS SUNDAY!** Leave it/them under the Giving Tree at the Welcome Center!



## NFC Candlelight Christmas Eve Services



5 pm • 6:30 pm • 8 pm



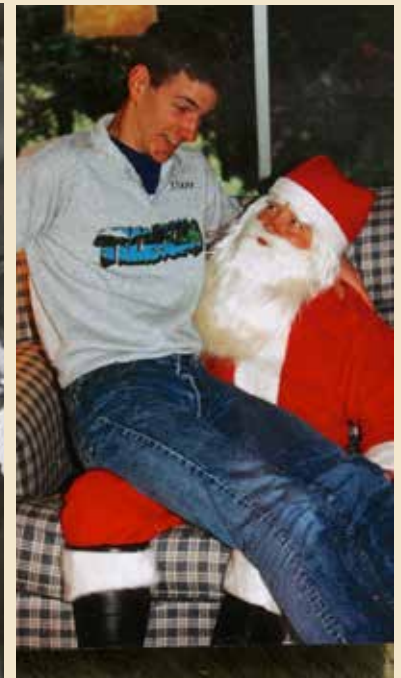
## 2016 Directory Final Photo Op

**Sunday, December 20**  
**10 a.m. & 11:45 a.m.**  
**Room 234**

(January 10 for Friendsview residents)

Please take a minute to update your contact information for our 2016 directory.

[\*\*CLICK HERE!\*\*](#)



# TONIGHT!

## ECLECTIC CHRISTMAS

**Newberg Friends Church**  
**December 18**  
**7 p.m.**

**\$10 suggested donation**

