

# Your NFC

a weekly newsletter for the  
people of the  
Newberg Friends Church  
community

July 17, 2015



## ☉ All in a Day's Life

by Kindra Fish

A few weeks ago I was sitting in class and found myself feeling frustrated. We were discussing the broad topic of wellness, and all I could think about was how unwell our world is.



We wrestle with the aftermath of acts of cruelty such as the Charleston shooting, we grieve with the families and friends of those who commit suicide, and we pray with and support those battling cancer. A year ago many of you prayed for my community and me at Seattle Pacific University when a young man fired a gun on campus, killing one student and leaving a mark on the lives of many more.

Since that day (June 5, 2014) I have told many people that my heart breaks more easily than it once did. It's not that I didn't recognize the brokenness of the world prior to that event, but it cut deeper that day than previous events had. This spring, on the one-year anniversary of the shooting at SPU, I wrestled with how to manage my own lament and remembrance amidst people who have no idea that a school shooting is part of my story. Part of that wrestling within me involved how to acknowledge the hurt I still feel while not being so consumed by it that I am unable to enjoy life as a 23-year-old graduate student who is extremely blessed and has many things to celebrate!

On that Friday I read multiple posts on social media from family and friends who were also reflecting on the shooting at SPU last spring. Many referred to Ecclesiastes 3: "[there is] a time to weep and a time to laugh, a time to mourn and a time to dance..." and reminded me that any moment in time can indeed be both. However, balancing



*This is the majority of my cohort, both PTs and OTs.*

both in one day can be exhausting and confusing. As I have grown, the sorrows of the world have become more challenging to weigh. Acknowledging the hurt of the world feels awkward on days when

there are also things to celebrate. In addition, it often leaves me feeling as though my personal challenges are insignificant or unimportant.

I currently spend six to seven days a week on a three-building graduate school campus surrounded by other students. Our lives and most of our conversations revolve around our pursuit of physical and occupational therapy as our future careers. (Have you ever heard of the superior pancreaticoduodenal artery? Do you know someone who has had a Colle's fracture?) Due, in part, to the fact that I spend 30 hours a week in class (not to mention studying outside of that to pass exams), I have been feeling a little sequestered, as if my current reality has very little to do with the rest of the world. Thus, I have found myself wrestling with how my role as a physical therapist fits into God's plan. I know where it

fits as an educator and healer of the patients I will interact with. I also have no doubt that God put me here, and I absolutely love what I am doing. But in this season I have been feeling somewhat useless on a larger scale.

It seems that in order to be successful as a student right now I need to allow myself to not be as involved in "world events" as I would like. I have to release my feelings of guilt for not being involved in every political and religious discussion going on. For me, this season of graduate school means there is "a time to study and little time to do much else." There will always be a balance to find, and graduate school is not an excuse to disengage. But for me, it has become a space for learning to allow myself grace and a season in which I remind myself constantly that celebration and mourning are not mutually exclusive.

*Kindra Fish has been a member of the Newberg Friends community her whole life. In June 2014 she graduated from Seattle Pacific University. She is currently attending school at the University of St. Augustine for Health Sciences in San Diego, CA, pursuing her degree in physical therapy. With the little free time she has, Kindra loves to hike, read books, and swim in the ocean (oceans are warm down in southern California).*



## unprogrammed worship

**9:00 Sunday mornings**

**Barclay C**

**Beginning August 16**

Come worship with others as we take time to listen, pray, and be open to God together. This is a chance to be attentive to Christ who is among us and has come to teach us all. We will start this gathering by reading a short passage of scripture and then be still with God as we listen and respond to the Spirit.

If you need more info or are interested in being a part, contact [Brandon Buerkle](#).



## Night Labyrinth Walk

**North Valley Friends Church**

**July 17, 8:30-10:30 pm**

contact Debbie @ [d.headley@comcast.net](mailto:d.headley@comcast.net) for more info  
North Valley Friends, 4020 N College St, Newberg, OR

local astronomer will be available  
with a large telescope for night sky viewing

# READ AHEAD FOR SUNDAY

[1 Peter 3:15-17](#)



## Pastoral Team

**Michelle Akins**  
*children and family ministries*

**Steve Fawver**  
*spiritual health and care*

**Cindy Johnson**  
*seniors ministries*

**Gregg Koskela**  
*lead pastor*

**Eric Muhr**  
*youth ministries*

**Elizabeth Sherwood**  
*administration*

**Nolan Staples**  
*worship ministries*

## Support Staff

**Denise Lyman**  
*bookkeeper/receptionist*

**Sherry Macy**  
*admin assist / communications*

**Arnie Mitchell**  
*buildings manager*

**Dan Ritter**  
*buildings manager*

**Mark Thompson**  
*cemetery sexton*



Newberg Friends Church  
307 S College Street  
P.O. Box 487 (mailing)  
Newberg, Oregon 97132  
503-538-8381

[www.newbergfriends.org](http://www.newbergfriends.org)

Please direct  
all publications items  
to Sherry Macy.

## What's Ahead

### SUNDAY . . . . .

**9am** | worship gathering  
**9am** | Summer Sunday school schedule  
**10-10:45am** | Community Time | on the lawn, weather permitting  
**10:15-10:45am** | library staffed  
**10:30am** | Agape Sunday school class  
**10:45am** | worship gathering  
*Annual Sessions Northwest Yearly Meeting begin*  
**7pm** | NWYM evening worship | Bauman Auditorium | Becky Ankeny, keynote address

### Monday, July 20 . . . . .

Annual Sessions Northwest Yearly Meeting  
Strong For Life | 10:30am | Barclay B

### Tuesday, July 21 . . . . .

Annual Sessions Northwest Yearly Meeting

### Wednesday, July 22 . . . . .

Annual Sessions Northwest Yearly Meeting  
Strong For Life | 10:30am | Barclay B

### Thursday, July 23 . . . . .

Annual Sessions Northwest Yearly Meeting

### Friday, July 24 . . . . .

Strong For Life | 10:30am | Barclay B

### Saturday, July 25 . . . . .

Men's prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

### Sunday, July 26 . . . . .

Read ahead: Micah 6:1-8

### Plan Ahead . . . . .

July 26 | Newberg's Old Fashioned Festival | shared parking  
August 2 | Taize gathering | 6pm  
August 3 | JOY breakfast | 8am | J's Restaurant | for seniors 55 and older  
August 13 | Children's Ministry Cultivation (CMC) | 7pm | Room 132  
| Education, training, and discussion to promote the growth and development of children's ministries at NFC  
August 16 | unprogrammed worship begins | 9am | Barclay C  
September 2 | Children's Ministry Cultivation (CMC) | 7pm | Room 132  
September 7 | NFC office closed for the holiday  
September 10 | Children's Ministry Cultivation (CMC) | 7pm | Room 132  
September 13 | resume full children's ministries schedule  
September 13 | Kick-Off-the-Fall Picnic | noon | NFC lawn

## NFC's Calendar on the Web!



# Annual Breakfast and Outdoor Worship July 12, 2015





# YEARLY MEETING 2015

Join us for a family reunion of **Friends** from around the **Northwest!**

All ages will gather Sunday, July 19, through Thursday, July 23, on the George Fox University campus in Newberg, OR. Whether you come for just a banquet, evening service, the closing celebration, or the whole week, plan now to make Friends and Yearly Meeting 2015 part of your summer activities!

View details and register online at [www.nwfriends.org/ym-sessions](http://www.nwfriends.org/ym-sessions)

Sunday Evening, July 19

- Banquets for grade school-age and up
- Friends Men and Women Banquets
- Keynote address from Becky Ankeny, superintendent, 7 p.m.

Monday-Thursday, July 20-23

- Meetings for worship and business
- Challenging workshops
- Youth gathering to discern, worship, and celebrate at the beach
- Greenleaf Friends Academy Reception
- Ken Redford will be our speaker, he has served in pastoral ministry with Meridian Friends Church for 21 years

**REGISTER ONLINE**  
[www.nwfriends.org/ym-sessions](http://www.nwfriends.org/ym-sessions)

**CLOSING CELEBRATION** – Thursday, July 23, 5 p.m.

The week will conclude with a banquet on Thursday night, featuring a celebration of the work done by local churches making an impact in their community, and the recording of new ministers. Join us for this fun event!

## ☛ Heaven's Gain



**Phil Savarino** died on July 7, 2015, at age 89. He attended NFC for around 18 years. Family members at NFC include his daughter **Diana** (and **Steve**) **Gulley**; granddaughter **Kari** (and **Ryan**) **Libby**, and great-grandchildren **Joel**, **Emma**, and **Kylie Libby**. A memorial service will be held at Willamette National Cemetery on Friday, July 31, at 10:30 a.m.

*You are invited to celebrate 50 years  
Nick and Alice Maurer!*

*As a family we would like to invite you to help us celebrate a half decade of family, ministry, and service. Come share a memory, give a hug, and enjoy some cake as we honor Mom and Dad.*

*Newberg Friends Church social hall  
August 6, 2015 ♦ 6 - 8 p.m.*



*A short program will take place  
around 6:30 p.m.*

*If you are unable to attend,  
you are welcome to send  
cards and notes to:  
Dave Maurer  
1376 Glory Ridge St NW  
Salem, OR 97304-2537*

## Yearly Meeting: July 19-23, 2015



At Newberg Friends, our community includes more than just the people who call NFC their home. We are part of a wider community of Friends churches in Oregon, Washington, and Idaho. Later this month, we have the chance to experience face-to-face community with some of these people at the annual sessions of our Yearly Meeting on the George Fox University campus. It happens right here in our town! People gather from all over the Northwest to experience worship and community, to learn and do business together. As the first church in our yearly meeting back in 1878, we have a special connection and responsibility to these other churches. Whether you are brand new to NFC or have been here for your whole life, we want to encourage you to live out this connection!

This year, we're inviting everyone to do three things:

### ***Go, Pray, Connect***

**Go:** Join the wider community on campus! There are many ways. Perhaps the easiest is to join one of the evening worship services every night from Sunday the 19th through Wednesday the 22nd in Bauman Auditorium. It's a gift to sing and worship with hundreds of others. Ken Redford, pastor of Meridian (Idaho) Friends Church, will speak during the week, while our own Becky Ankeny (superintendent of the yearly meeting) [will speak Sunday night](#). After the services, there are opportunities for ice cream and music and other fun ways to connect with others. If your schedule is free during the day, [there are excellent workshops](#) on a lot of different topics at 1 p.m. and 2 p.m. Monday through Wednesday. [Middle school and high school students have their own programming](#) and stay in the dorms on campus, while Tilikum Day Camp is an opportunity for elementary students to build friendships with children from other yearly meeting churches. For those interested in all of the ministries of the yearly meeting, our morning business sessions give many reports from various boards and are open to all.

If you plan to attend more than one or two things, we encourage you to [register and pay the \\$30 registration fee](#) as a way to financially support the hundreds of people who travel from all over to be part of Yearly Meeting, taking vacation time to do so. It's a good way for us who have the benefit of having it right here to subsidize the cost for others.

**Pray:** Our gift to the wider yearly meeting can be to ask God to work through each person and each church and all the ministries of our yearly meeting. We want people in our churches and camps and in the places where Friends Serve Abroad to know and be transformed by Jesus! There are some challenging issues facing our yearly meeting, and we want to ask people to be praying during these Yearly Meeting sessions for God to lead us, unify us, and love and serve through us. We are looking for dozens of people who would commit to praying during one hour of Yearly Meeting. [Contact Steve Fawver](#) if you would be willing to do this.

**Connect:** Feeling connected and in unity with churches that we don't see every day requires us to build relationships. We don't have a lot of opportunity to do this...but Yearly Meeting is one of our best ones! Would you be willing to make the effort to connect with at least one person from another church during Yearly Meeting? Maybe it's introducing yourself after an evening worship session, and inviting them to "The Hoot" to listen to some live music. Maybe it's sharing a meal together. Maybe it's taking them to one of Newberg's coffee shops or restaurants and asking them what they appreciate about their church, and sharing the same with them. These one-on-one connections will help us all feel a broader sense of unity.

Thanks for considering these things! Feel free to contact any of the staff with any questions you have about Yearly Meeting. In many ways, we are "hosting" all of these people who gather at Yearly Meeting; let's show them our love and care!