

# Your NFC

SEPTEMBER 5, 2014

A WEEKLY  
NEWSLETTER FOR  
THE PEOPLE OF THE  
NEWBERG  
FRIENDS CHURCH  
COMMUNITY

## FROM ME TO YOU

by Steve Fawver, spiritual health and care

Many of you know that Richard Foster wrote his book *Celebration of Discipline* while on the pastoral team here at NFC. Back in 1977-78, this community created space for him to embark on this journey that eventually spanned the globe as his writings have touched individuals and communities all across the streams of Christianity and beyond. Calling us all to nurture the seeds of God's love as we are attentive to the challenge of a disciplined life of faith is the heart of Richard's ministry that echoes out strong and clear. What you may not know is that a group of NFCers are now engaged in continuing this work as we connect with one of Richard's sons, Nathan, in support of his own book titled, *The Making of an Ordinary Saint – My Journey from Frustration to Joy with the Spiritual Disciplines*.



I sat with Nathan in July 2013 and heard him talk about this book he was working on writing. What an exciting conversation we had as he recalled a bit of his process and experiences up to that point! Here is a bit of the intro to his book:

*And there it was: my new challenge lay before me. What if I spent an entire year intentionally and intensely working on my spiritual life, following the instructions from one of my father's books? The project would be to creatively and intentionally work with what he had outlined in his book Celebration of Discipline as twelve historic practices of the Christian faith... Funny, I had been almost giddy about this idea. It never occurred to me that I might be embarking on something terribly boring and potentially painful. I had a project,*

*Here's Nathan in my office earlier this year as the pre-printed books arrived that very day from the publisher.*

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Published weekly  
for the purpose  
of information and  
community connectedness

**Newberg Friends Church**  
307 S College Street  
P.O. Box 487  
Newberg, Oregon 97132  
503-538-8381

[www.newbergfriends.org](http://www.newbergfriends.org)

Please direct  
all publications items  
to Sherry Macy  
[sherry@newbergfriends.org](mailto:sherry@newbergfriends.org)

*something to do with my angst and lost hope for life. I was beginning a journey into modern-day "monkhood," though of course without the robes or celibacy..."*

(Nathan Foster, *The Making of an Ordinary Saint*, p. 16)

As Nathan and I talked, I felt a stirring within my soul. *We at Newberg Friends are going to be a part of this journey once again.* I simply asked Nathan, "What about an individual and group guide to go with your book, when will this come out?" His response was, "Do you want to write it?" I knew that the things we have been experimenting with in our Listening Life groups, Sabbath by the Sea, gathered worship, and other settings here at NFC would be perfectly fitted for this task. I told him I would consider this, but it didn't take long to say, "Yes!"

His book is a compilation of the ups and downs of practicing the spiritual disciplines in the daily rhythm of life, such as parenting, going to work, and even riding a

bike through the countryside. Nathan has now handed this book off to us, and the task is before us, the wheels are in motion, and the work is to be done. It is due to be released the first part of October 2014, and a small group of us have already been reading a pre-printed version as a way to get started on the group and individual materials. The hope is that others in the NFC body will come be a part of "testing" these resources on Wednesday nights or other times throughout the week. If you are interested in helping in this grand experiment let me know ([steve@newbergfriends.org](mailto:steve@newbergfriends.org)). We will be aiming to have the rough draft to the publisher (Baker Books) by the first of the year so it can be in the hands of others a few months later. God has been, is, and continues to be alive and active in our midst. I hope we can continue to find ways to join this activity. May our efforts with Nathan and Richard continue to be life giving to us here at Newberg Friends and to many all around the world as well.



### Women's Bible Fellowship Registration Information

This fall, WBF begins with options! We will break into 3 or 4 groups based on the study you choose (see bulleted list below). All study materials will be made available for \$10 or whatever you are able to pay. WBF meets Thursday mornings from 8:45 to 11 in the NFC social hall. It is open and welcoming to women from all over our community and is an intergenerational group. Childcare is provided for infants through

preschoolers. (Donations are welcome and encouraged!)

We offer an evening option (WBFpm) on Wednesdays, 7-9pm, in the conference room of the NFC office building. WBFpm does not offer childcare.

Registration for WBF and WBFpm is open online by [CLICKING THIS LINK](#) or "old school" by hard copy in the NFC office.

- "Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead" by Brené Brown (This option is just one of the choices for WBF, but is the only option for WBFpm.)
- "Sing Over Me" by Jillian Willis, a devotional through the book of Psalms
- "Live Justly" from Micah Challenge is an in-depth scriptural and practical study to help people live justly in 6 key areas of life: advocacy, prayer, consumption, generosity, creation care, and relationships
- Bible study on the book of Titus by NavPress, \$10

**Up for helping with the all church picnic on September 7?**

**Volunteer to help in either the kitchen or in setting up tables / chairs.**

**Contact Elizabeth Sherwood.**



# Your **NFC** THIS WEEK

## READ AHEAD FOR SEPTEMBER 7

**Colossians 3:12-14** linked to [biblestudytools.com](http://biblestudytools.com)

### SUNDAY . . . . .

Sunday school for children and adults — for times and classroom information, find “Educational Opportunities” at each entrance, each “Info Center,” at the welcome center, or ask a greeter to help you. .

**9am** | worship gathering

**10–10:45am** | Community Time | on the lawn or inside

**10:15–10:45am** | library staffed

**10:45am** | worship gathering

**noon** | Kick-Off-the-Fall Potluck Picnic | on the lawn | hamburgers/veggieburgers, chips, and drinks provided! (\$ donations accepted) | Visitors and college students, just bring your appetite.

**1:15pm** | Bible Quiz Kick-off | Youth House

**3pm** | Mexico mission info meeting | North Valley Friends Church

**6pm** | Congregational business meeting

**7:15pm** | Reflections on Rwanda | social hall | pictures, videos, and stories from the team’s 3-week trip to Rwanda this summer, updates on the Thomas and Carpenter families (EFM missionaries) and the transforming work of Discipling for Development

### Monday, September 8 . . . . .

Intercessory prayer | 9am | Barclay C

Strong For Life | 10:30am | Barclay B

### Wednesday, September 10 . . . . .

Strong For Life | 10:30am | Barclay B

WBFpm begins | 7pm | Barclay C

### Thursday, September 11 . . . . .

Women’s Bible Fellowship begins | 8:45am | social hall

### Friday, September 12 . . . . .

Strong For Life | 10:30am | Barclay B

### Saturday, September 13 . . . . .

Men’s prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

Wood ministry work session | 9-11:30am | Friends Cemetery on Everest Rd | contact Larry Hampton, 503-538-6508

### Sunday, September 14 . . . . .

Read ahead: \_\_\_\_\_

Christmas play auditions | 3-5pm | sanctuary | contact Jo Lewis with questions, 503-538-6248

Story Slam Night! | 6pm | sanctuary | a night to enjoy some great story tellers and community with each other

### Plan Ahead . . . . .

September 16 | high school youth group begins

September 17 | middle school youth group begins

October 2 | Pre-K Fun Night

October 16 | K2 Fun Night

October 23 | 3:4-5 Fun Night

October 25 | NFC All-Church Serve Day

## NFC’s Calendar on the Web!

**Newberg Friends Church**  
a GROWING community  
LISTENING to Christ  
CHANGING in the Spirit  
LIVING OUT love

### PASTORAL TEAM

#### Michelle Akins

pastor, children and family ministries  
[michelle@newbergfriends.org](mailto:michelle@newbergfriends.org)

#### Steve Fawver

pastor, spiritual health and care  
[steve@newbergfriends.org](mailto:steve@newbergfriends.org)

#### Cindy Johnson

pastor, seniors ministries  
[cindy@newbergfriends.org](mailto:cindy@newbergfriends.org)

#### Gregg Koskela

lead pastor  
[gregg@newbergfriends.org](mailto:gregg@newbergfriends.org)

#### Eric Muhr

pastor, youth ministries  
[eric@newbergfriends.org](mailto:eric@newbergfriends.org)

#### Elizabeth Sherwood

pastor, administration  
[elizabeth@newbergfriends.org](mailto:elizabeth@newbergfriends.org)

#### Nolan Staples

pastor, worship ministries  
[nolan@newbergfriends.org](mailto:nolan@newbergfriends.org)

### SUPPORT STAFF

#### Denise Lyman

bookkeeper/receptionist  
[denise@newbergfriends.org](mailto:denise@newbergfriends.org)

#### Sherry Macy

admin assist / communications  
[sherry@newbergfriends.org](mailto:sherry@newbergfriends.org)

#### Arnie Mitchell

buildings manager  
[arnie@newbergfriends.org](mailto:arnie@newbergfriends.org)

#### Dan Ritter

buildings manager  
[dan@newbergfriends.org](mailto:dan@newbergfriends.org)

#### Mark Thompson

cemetery sexton  
[mark@newbergfriends.org](mailto:mark@newbergfriends.org)



# A Sandals Sunday School Class Invitation

Paul Anderson, professor of Biblical and Quaker Studies at George Fox, will lead the Sandals Sunday school class for four Sundays, from September 7 through September 28. Anyone is welcome to attend the Sandals class, which meets at 9 a.m. in the social hall.

Paul is a renowned scholar on the book of John, and will lead us in exploring "The Riddles of the Fourth Gospel." You might consider getting a copy of his book *The Riddles of the Fourth Gospel* if you'd like to get a head start, follow along, or go deeper than we're able to in the class. The book is available at Amazon, or I'm sure Chapters could order a copy for you.

I pray blessing on you as the summer comes to an end, whether that makes a difference in your schedule or not!

—Rick Muthiah



## Friends Women Retreat

**Twin Rocks Conference Center  
Rockaway Beach, OR  
September 26-28, 2014**

(Pre-registration deadline extended to September 8)

Questions?

Contact **Terri Bowen** / 503-550-1364



# Kick-Off-the-Fall Picnic

## September 7, 2014

### @ noon

### Burgers/vegieburgers, chips, and drinks will be provided!

### Bring a side dish and/or dessert to share.

### (\$ donations accepted)

### Please bring your own tableware to help cut down on disposable products.

### Visitors and college students, just bring your appetite.



**Reflections on Rwanda**  
Sunday, September 7 • 7:15 p.m. • social hall  
pictures, videos, stories — Please come!



## Were you married at NFC?

If yes, please call 503-538-8381 or e-mail

**Sherry Macy** to find out  
why she wants to know!

# NFC Story Slam

Sunday, September 14, 6 p.m.

*come to hear some of  
NFC's best storytellers  
recount their finest stories*



## Night Labyrinth Walk

North Valley Friends Church

September 12, 7 -10pm

Labyrinth Walk 7-9

Telescope Star Party, 9



contact Debbie @ [d.headley@comcast.net](mailto:d.headley@comcast.net) for more info  
North Valley Friends, 4020 N College St, Newberg, OR



### We Need You!

Anyone who wants to can be in the Christmas play.

Commit to "Lamb of God" now while you're filling in your family fall schedule.

Some speaking roles: Do you want to be one of the Three Kings? A ranting Herod? One of the three funny shepherds? An announcing angel? Jesus' mother Mary?

Some non-speaking roles (not many rehearsals): Herod's queen, courtiers, King's servant, Joseph at the manger. Children, do you want to be a sheep or in the angel choir?

Contact **Jo Lewis** no later than September 13 if you are interested in taking part—503-538-6248 or **e-mail**.

All will meet for role assignments on September 14, 3-5 p.m. The Sunday rehearsals for speaking roles begin September 21, 6:30-8 p.m.

You can read and print a draft of the script **here**.