

# Your NFC

SEPTEMBER 26, 2014

A WEEKLY  
NEWSLETTER FOR  
THE PEOPLE OF THE  
NEWBERG  
FRIENDS CHURCH  
COMMUNITY

## MINISTRY HAPPENS

by Carol Sherwood, parish nurse

Let me tell you a secret about David and me. Except for a few days out of each year, through 52 years of living together, we have made our bed each morning. (Those few exceptions are what I usually refer to as my “bed-making vacation days.”) When we were both working I sometimes wondered why we did this. We would leave the house in the morning, be gone all day, and come home in the evening, all the while not see the made bed until we unmade and climbed into it again. One morning I suggested to David that we not make our bed, and he replied, “I want to keep making it because I like that it looks good even though I am not looking at it.”



By now I’m sure you wonder what on earth this has to do with ministry. I’ll also bet you would be puzzled to know that Sherry asked me to write about the Parish Nursing ministry at NFC. Let me see if I can tie it all together.

When we lived in Massachusetts, I served on a pastoral search committee. The person to whom we were offering the position came to visit our church and expressed some strong concern that several areas of the church building were in need of repair. He felt it reflected on our investment in the life of the church that we didn’t care well for our property.



This past spring Elizabeth Sherwood (my daughter-in-law and NFC’s administrative pastor) asked if I would take over getting the church flowerbeds in better shape, which resulted in several of you participating all summer to help make that happen. As I worked in the dirt and planted the flowers from your gardens into the church flower beds, I found my heart enlarging toward each of you and also toward the community in which our church building is placed. I found myself praying that you would receive pleasure from the flowers and that those who walked by them daily would also.

Recently, as I cleaned up some weeded

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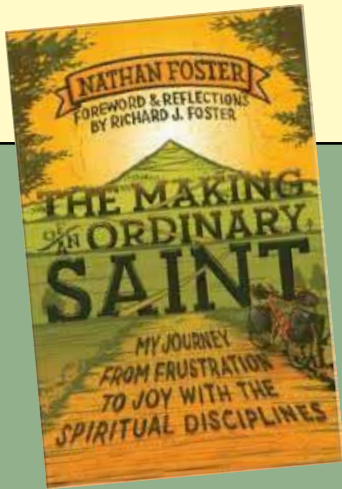
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areas around the church, a woman responsible for one of the flowerbeds commented, “Since I have been responsible for that one bed I have seen so many more things around the church I want to do.” That did my heart good and made me realize how true that is. When you invest in something, you want to care for it. You want it to look nice and you want it to bring pleasure to those with whom you share it. Once you are invested, giving more of yourself becomes easier.

On Saturday, October 25, from 9 a.m. to noon, the church will host an NFC All-Church Serve Day, offering everyone an opportunity to assist in helping our property look even better. It will be a come-one, come-all event! There will be plenty for everyone to do. I pray it can be a time of fellowship, work, and ministry together as we beautify and maintain our church property.

Parish Nursing involves using my nursing skills to help each of you, in whatever way I can, become healthier people—body, mind, and spirit. Since April, a big part of this has been through helping to make our mutual environment prettier to look at. Just like our bed at home, I don’t look at those flowers all the time, maybe just three or four times a week, but when I think about them being there I am glad they look the way they do.

I hope you will join us on October 25. I think all who come will be blessed by the experience—and what could be more fun than getting sweaty and dirty together and then sharing lunch?



## Small Groups Starting Soon

### Exploring Nathan Foster’s book

*The Making of an Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines*

Come join others as we help test and shape small-group and individual resources being written by the NFC community. We will meet and read Nathan’s book as we invite Christ to change us, help us learn, and teach us together. Nathan invited us to work with him to write resources to be published early next year. Therefore, we need people to use these resources and help give them shape.

**10 weeks starting October 8**

**Wednesday nights, 6:45-8:30 p.m. in Barclay A&B**

or

**10 weeks starting October 12**

**Sunday mornings, 9 a.m. in Barclay C**

This is open to all, so come and be a part. If you can’t do Wednesday nights or Sunday mornings but would still like to participate, you are welcome to gather a group to meet another time during the week. Contact [steve@newbergfriends.org](mailto:steve@newbergfriends.org) if you need more info.



### AN INVITATION!

**Pastor Angel Diaz and the congregation of La Iglesia Evangelica Los Amigos invite the congregation of Newberg Friends Church to join them for lunch and conversation!**

**October 5, 2014 • 12:15 p.m. • Friends Center gym**

# Your **NFC** THIS WEEK

## READ AHEAD FOR SEPTEMBER 28

**Colossians 2:9-15** linked to [biblestudytools.com](http://biblestudytools.com)

### TODAY

Sunday school for children and adults — for times and classroom information, find “Educational Opportunities” at each entrance, each “Info Center,” at the welcome center, or ask a greeter to help you.

**9am** | worship gathering

**10–10:45am** | Community Time | on the lawn (or inside)

**10:15–10:45am** | library staffed

**10:45am** | worship gathering

**5pm** | Bible Quiz practice | Youth House

### Monday, September 29

Intercessory prayer | 9am | Barclay C

Strong For Life | 10:30am | Barclay B

### Tuesday, September 30

High school youth group | 6:30pm | Youth House

### Wednesday, October 1

Strong For Life | 10:30am | Barclay B

Middle school youth group | 6:30pm | Friends Center gym

Grief Group begins | 6:30pm | Room 234 | contact Carol Sherwood

WBFpm | 7pm | Barclay C

### Thursday, October 2

Women’s Bible Fellowship | 8:45am | social hall

Pre-K Fun Night | 6-7pm | FC gym | ages 3–5 yrs | \$2/child, \$4 family max

### Friday, October 3

Strong For Life | 10:30am | Barclay B

### Saturday, October 4

Men’s prayer meeting | 8am | Friendsview Creekside, 2nd floor, TV room

### Sunday, October 5

Read ahead: Colossians 1:3-6

Lunch with La Iglesia Evangelica Los Amigos | 12:15pm | Friends Center | the entire NFC community invited to attend

### Plan Ahead

October 6 | JOY breakfast | 8am | J’s Restaurant | for seniors 55 and older

October 8 | small group to explore Nathan Foster’s book begins | 6:45pm | Barclay A/B | contact Steve Fawver

October 11 | wood ministry work session | 9-11:30am | Friends Cemetery on Everest Rd | contact Larry Hampton, 503-538-6508

October 16 | K-2 Fun Night | 6-7:30pm | FC gym | dinner, games, and stories for children K through 2nd grade | \$2 per child, \$4 family max

October 23 | 3:4-5 Fun Night | 6-8pm | dinner, games, and a mission presentation for children in 3rd-5th grade. \$2 per child, \$4 family max

October 25 | NFC All-Church Serve Day | 9am-noon | Join with others in the camaraderie of serving your church community! Everyone welcome. We’ll close our work together with a simple chili meal.

November 16 | Feed the Need

**Newberg Friends Church**  
a GROWING community  
LISTENING to Christ  
CHANGING in the Spirit  
LIVING OUT love

### PASTORAL TEAM

#### Michelle Akins

pastor, children and family ministries  
[michelle@newbergfriends.org](mailto:michelle@newbergfriends.org)

#### Steve Fawver

pastor, spiritual health and care  
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#### Cindy Johnson

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#### Elizabeth Sherwood

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#### Mark Thompson

cemetery sexton  
[mark@newbergfriends.org](mailto:mark@newbergfriends.org)

## NFC’s Calendar on the Web!

# Look who's celebrating a birthday in October!

- |                   |                     |                           |                      |
|-------------------|---------------------|---------------------------|----------------------|
| 1 Jim Miller      | 6 Ron Hampton       | 12 Mark Passmore          | 24 Lucas Henry       |
| 3 Lauren Anderson | Sarah Kelley        | 14 Ellie Ames             | 25 Bob Holveck       |
| Caitlyn Graham    | Connor Russom       | 15 Mikayla Farr           | Jerry Mann           |
| Beth Muthiah      | 7 Gertrude Ankeny   | Sarah Goodfellow          | 26 Phyllis Morse     |
| 4 Arthur Everly   | Sam Hardy           | Don Staples               | Linda Sartwell       |
| Priscilla Jeffery | 8 Rebekah Stoltzfus | 16 Janet Lyda             | Mark Thompson        |
| Clarissa Meakin   | 9 Wanda Beebe       | Sally Moore               | 27 Nora Adams        |
| 5 Susan Fawver    | Brian Doak          | 17 Jay Miller             | Tim Graham           |
| Ethan Johnson     | Elma Johnson        | Brooke Zatterberg         | 28 Abram Dunlop      |
| Lori Meissner     | 10 Abby Brown       | 19 Duane Comfort          | Skyler Hutchinson    |
|                   | Nance Rosback       | 20 Elyse Fawver           | Jenevieve Hutchinson |
|                   |                     | Frank Measelle            | May Wallace          |
|                   |                     | 21 Rich Allen             | 29 Adair Goss        |
|                   |                     | 22 Connie Magee           | 30 John Hutchinson   |
|                   |                     | 23 Brittany Harmon-Watilo | 31 Jamie Boros       |
|                   |                     | Carolyn Staples           | Mark Martin          |
|                   |                     | Harold Trollinger         |                      |

## Couples Conference

**October 10-12, 2014**  
*A Weekend Away for Married Couples of All Ages*

Couples Conference is a relaxing and refreshing romantic weekend on the beautiful Oregon Coast. Take time to enhance and renew your marriage away from everyday distractions. Enjoy opportunities to simply be together to laugh, play, talk, and pray. Sit beside a crackling fire, take in the forested scenery of the mountainside from a canoe on the lake, or stroll hand-in-hand along the shoreline of the ocean. Share with each other during insightful teaching sessions on marriage-strengthening topics to help you connect and grow as a couple. Expect a great weekend, filled with fun traditions (like the annual Saturday night candlelit banquet), touches of romance, and opportunity for times of deep conversation together and with other couples. These are just a few of the many experiences awaiting you at Couples Conference!




**Arden and Janet Kinser** will serve as the weekend's main speakers. The Kinsers are a pastoral couple devoted to encouraging marriages and families. They have been facilitators of marriage enrichment small groups throughout their 39 years together, and provide training for pastors and counselors in the use of an inventory tool called "Prepare-Enrich," upon which the sessions of this year's Couples Conference will be based. Arden currently is a pastor at Cherry Grove Friends Church in Battle Ground, Washington. Janet is an RNC care coordinator in Family Maternity at Providence Medical Center in Portland, Oregon. The Kinsers enjoy time with their grandchildren, tennis, hiking, and weight lifting. Arden takes Janet motorcycling and Janet gets Arden to some horse events. Because of their passion for marriage, they have made a special goal of attending each of their nephews' and nieces' weddings.

**Cost per couple:** \$371 deluxe housing, \$282 regular housing (subtract \$20 if registered by October 1)

**NEWLYWED SPECIAL!** Couples married in 2013 or 2014 attend for half-price!

Register at [www.twinrocks.org](http://www.twinrocks.org)!

For program-related questions, please contact Twin Rocks Executive Director Ken Beebe at 503-355-2284 or [knb@twinrocks.org](mailto:knb@twinrocks.org).







## Seminar by the Sea

**October 31 - November 2, 2014**  
*(Please note date change from our printed brochure.)*

### Countercultural Spirituality: Simplicity & Sabbath

Throughout Christian history many have found that the spiritual practices of simplicity and sabbathkeeping can be life-changing; and yet, by and large, they have proven strangely elusive for the majority of Christ-followers in America. Simplicity is anything but simple. Because of the power of both money and time in our society, few disciplines are more misunderstood and seemingly unapproachable as simplicity of life and sabbathkeeping. Both can be fraught with legalism; still, both are necessary for living lives of countercultural resistance. In this seminar we want to provide reasons for simplicity and sabbath and explore practical, joy-filled ways for engaging them.



**Seminar by the Sea** is an annual study-oriented retreat focusing on authors or topics of spiritual significance that can be investigated in-depth in a weekend. This year's Seminar will be taught by **Dan Brunner**, Professor of Christian History and Formation at George Fox University. Brunner holds a doctorate of Philosophy from the University of Oxford, and an MDiv from Fuller Theological Seminary.

Please try to register by October 1 so we may mail you materials to read in advance of the Seminar.

**Cost per person:** \$214 deluxe housing, \$162 regular housing (subtract \$10 if registered by October 1)

**PASTOR SPECIAL:** Full-time pastors and full-time seminary students attend for half-price! (Please email the camp to register for this special half-price deal.)

For program-related questions, please contact Twin Rocks Executive Director Ken Beebe at 503-355-2284 or [knb@twinrocks.org](mailto:knb@twinrocks.org).

# NEED • SHEET

## NEEDED:

- CYFS needs a range, standard slide-in style, for one of our residential treatment homes. Please call Stephen Haney, HR director, at 503-538-4874.
- Friendly, hard-working volunteers for the Newberg Thrift Shop. Store hours are 11 a.m. to 4 p.m., Monday through Saturday. Come in and apply at 3rd and Howard Streets or call 503-538-5051.
- Mature Christian woman with limited income seeks housing arrangement. Open to housesitting, caregiving, rent share, or rental. Call 971-832-2619.

## AVAILABLE:

- CYFS is a non-profit Christian service organization that specializes in residential treatment for youth. We currently have several openings and ask you to look at our website and our open positions at [www.cyfs.net](http://www.cyfs.net).
- We are doing some fall cleaning and have a couple of things we would be happy to pass on to a family who could use them. We have a nice-sized soccer goal for your backyard, complete with a net. We also have a skateboard rail and small ramp in good condition. Contact Deana at 503-537-5030 or [deanavh@gmail.com](mailto:deanavh@gmail.com) and they are yours.

## FOR SALE:

- Firewood—cut, split, and seasoned. Mixture of maple and alder, \$180 cord/you haul and \$220/delivered. If you need the wood stacked, you can negotiate with the deliverer! All money goes toward the Equipo 2015 trip. Thanks for your support! Please contact Andy Baker at [abaker@georgefox.edu](mailto:abaker@georgefox.edu).
- Friendsview Retirement Community will have a garage sale on October 3 and 4. Hours on the 3rd will be from 8 to 4 and on the 4th from 8 to 2:30. Many miscellaneous items in good condition including furniture, clothing, lots of Christmas items, and all other kinds of things you find in a garage sale. Great prices.

To place a one-time free ad: • e-mail: [sherry@newbergfriends.org](mailto:sherry@newbergfriends.org) • mail: NFC, P.O. Box 487, attn. Sherry

• bring a written ad to the NFC office at 600 E. 3rd Street

deadline: October 8 • no phone-in ads; please resubmit repeated ads

*The Need Sheet can now be found online at [newbergfriends.org/resources/need-sheet/](http://newbergfriends.org/resources/need-sheet/)*



## Twin Rocks Friends Camp Special Benefit Event

**Sunday, October 12, 2014**

**4 p.m. (doors open 3 p.m.)**

**Newmark Theatre, 1111 SW Broadway, Portland**

Celebrate Twin Rocks Friends Camp's rich heritage and help ensure a successful future!

*Featured entertainment by Wendy Goodwin & Friends, men's a cappella group Rescue, and one-man dramatist Rich Swingle, along with fun and creative physical performing artists!*

**Click the image for details and to RSVP.**